

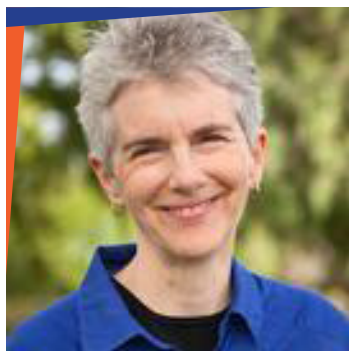
## STAYING STEADY: HOW TEACHERS CAN FIND BALANCE IN LANGUAGE LEARNING AND TEACHING

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### ABSTRACT

Pressure due to challenges like a pandemic, new curriculum, innovative practices, and our busy lives mean that teachers often feel off-balance. This talk will discuss how teachers can develop balance in their teaching with a focus on several areas: learner autonomy vs teacher responsibility, accuracy vs fluency, quiet vs interaction, language vs content, native speakerism vs the role of local language, and new trends vs familiar methods. For each of these areas, I will briefly describe the need for balance and then give a practical idea that teachers can try in their classes.



Kitty Barnhouse Purgason is professor emerita of TESOL at Biola University (Los Angeles), specializing in language teaching methodology. She has a PhD in Applied Linguistics from UCLA. She has lived, studied, served, or taught in India, Russia, Korea, China, Turkey, Turkmenistan, Mauritania, Indonesia, Kuwait, Oman, Vietnam, Spain, and Tajikistan. She is a three-time Fulbright fellow and is also a U.S. State Department English Specialist.